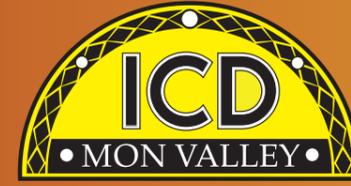


Mon Valley Works ICD,
One South Linden Street,
Duquesne, PA 15110



Fall 2019 Training & Education Guide

Mon Valley Works **Fall 2019 ICD Training Schedule**

REGISTER TODAY
www.monvalleyicd.com
412-460-0390



Mon Valley Works Institute for Career Development

Local Joint Committee Members

Program Coordinator

Donna Permigiani

donna.permig@monvalleyicd.com
412-460-0390

Program Assistant

Michele Taylor

michele.taylor@monvalleyicd.com
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USW

Ross McClellan, Chair

Bernie Hall

Jim Johnston

U.S. Steel

Allison Pletcher, Chair

ET Local 1219

412-271-4555

John Gornall, Co-Chair

Don Jackson

Clairton Local 1557

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Don Furko, Co-Chair

Robinson "Bo" Waddell

Bob Mancine

Irvin Local 2227

412-469-0100

Ryan Kieffer, Co-Chair

Jack Maskil

Jason Zugai

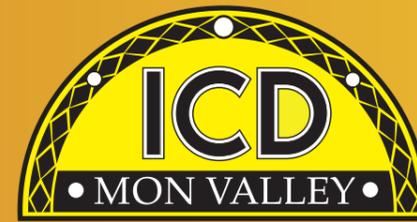
Local 2227-01

412-469-0100

Jim Wardzinski, Co-Chair

Debbie Brennfleck, E.T.

Matt Murrman, Clairton



Custom Courses open to current active Steelworkers



- Classes are held at the Mon Valley ICD Training Center & at area locations of Education Providers (See page 5).
- A minimum of five (5) active USW members must be enrolled per class
- Retirees and Spouses may participate as per the ICD Policy guidelines
- Members are limited to a \$1,250 maximum per year for Personal Development courses (in Arts/Crafts/Music/Culinary, and Health/Fitness/Recreation).

Tuition Assistance:

All USW members employed by U. S. Steel are eligible to receive up to \$2,500 annually in tuition assistance toward an approved, accredited program.

Students actively pursuing education for career advancement through an accredited degree program may qualify to combine their funds up to \$4500 per year until completion. Contact the ICD Coordinator to complete an Issuance 14 EDP (Educational Development Plan) to begin the approval process.

Register online @ www.monvalleyicd.com

or contact your ICD Coordinator

412-460-0390 or info@monvalleyicd.com



ICD is on Facebook:
www.facebook.com/MonValleyICD

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Program Coordinator

Donna Permigiani

donna.permig@monvalleyicd.com
412-460-0390

Visit us on the web:

www.monvalleyicd.com

Follow us on Facebook:

www.facebook.com/MonValleyICD

Mon Valley Works ICD,
One South Linden Street,
Duquesne, PA 15110
www.monvalleyicd.com
412-460-0390

Highlights

We have heard from our members on classes they want, & have added a few new courses this Fall.

Look for the "NEW" symbol next to courses such as:

Estate Planning,
Planning to Pay for Long Term Care,
Introduction to Guitar,
Laptop Repair &
Introduction to Networking.

And, back by popular demand:

Understanding & Optimizing Your
Investment Choices,
Invest in Your Debt,
Auto Body Repair,
Auto Detailing, &
Small Engine Repair.

**Remember to register early as
class sizes are limited.**

Our Education Providers & locations are listed on page 5 & have been given a code that is listed with the course information. Any classes held at the Mon Valley ICD Learning Center will be indicated by **MV ICD**.

Active USW employees only

**Some courses are for Active USW
employees only and are noted in the course
descriptions.**

ICD Programs

ICD Programs are offered to active USW employees only

Pre-Learner Maintenance Training Program* (online)

As per the Labor Agreement, this standardized training offers employees the opportunity to acquire the necessary skills & knowledge to potentially test at a higher level in order to enter the U.S. Steel Maintenance Technician Learner program. This program is self-paced through access to online Mechanical, Electrical, or Systems Repair topics correlating to the competencies required for Maintenance Technician.

All class work can be completed online at the student's convenience. Any student who does not have access to a computer should contact the ICD Coordinator to make arrangements to use the ICD's computers.

Pre-Learner Entrance Requirements

- be an active non-maintenance Steelworker
- register with the ICD Coordinator by calling 412-460-0390
- have a valid email address
- take classes on their own time

*Completion of the online training does not guarantee qualification for a Maintenance Technician position or entry into the Learner Program. All additional requirements to become a Maintenance Technician or Learner must still be met.

Commercial Truck Driver (CDL) Training – Class A & B

All-State Career School (West Mifflin, PA) offers customized training in tractor trailer driving toward obtaining a CDL license as a Class A or B operator. This 100-hour program combines classroom theory & on-the-road instruction with qualified instructors to prepare for the operator exam. Valid driver's license & physical exam will be required to obtain a CDL permit prior to training. Contact the ICD Coordinator to enroll.

More Information about All-State Career School at www.allstatecareer.edu

USS Fitness Program

Located at the Center for Fitness & Health (Belle Vernon, PA), this 36-month program offers a well-balanced combination of nutrition education & workout techniques to develop exercise regimens & a healthy lifestyle. Professional fitness trainers provide instruction & motivation at weekly classes, scheduled multiple times & days to accommodate shift work. New classes begin quarterly. Contact the ICD Coordinator to enroll.

More information about the Center for Fitness & Health at www.myhealthplex.com

ToolingU Manufacturing Skills Training (online)

With more than 500 unique online classes, ToolingU provides training in an easy to navigate, interactive web-based environment. Comprehensive topics can be accessed through any internet connection 24/7 & include competencies in maintenance, engineering, welding, machining, safety & much more! One-year subscriptions are available. Contact the ICD Coordinator to enroll.

Catalog of courses & more information about ToolingU at www.toolingu.com

Contact the ICD Coordinator for more information & to enroll in these ongoing ICD Programs.

Education Provider codes (referenced in the course information) are in **bold** with class location address listed below. (MV ICD) indicates classes held at the Mon Valley ICD Learning Center

Education Providers

(CCAC) Community College of Allegheny County – South Campus
1750 Clairton Blvd Route 885
West Mifflin, PA 15122
www.ccac.edu

CCAC offers both credit & non-credit courses at their four main campuses as well as area centers throughout Allegheny County. As an accredited institution, most CCAC courses are approved for Tuition Assistance & eligible for Issuance 14 reimbursement. Through their Workforce Development program, CCAC continues to provide quality training through custom courses as well as online learning.

(DEC) Douglas Education Center
130 7th Street
Monessen, PA 15062
www.dec.edu

Douglas Education Center continues to transform itself by offering education & training to meet today's career opportunities. From their globally renowned creative programs to health care & skilled trades, DEC offers accredited programs as well as ICD custom courses at their fascinating campus in downtown Monessen.

(IR-2227) Local Union 2227 Hall
1301 Phillip Murray Road
West Mifflin, PA 15122

(PIA) Pittsburgh Institute of Aeronautics
Heavy Equipment Range
1200 Lebanon Road
West Mifflin, PA 15122

The PIA provides a 40 Hour Heavy Equipment Operator Course (Level 1) to ICD participants, who will receive 40 hours of hands on, safety-focused practical training on various construction equipment. Covered are, equipment/job safety, proper operating techniques, & job preparation skills. Training takes place over two weeks for twenty hours per week. Upon successful completion of the course participant will receive a certificate of completion.

(PTA) Professional Training Associates, Inc.
46 S. Linden St.
Duquesne, PA 15110

Professional Training Associates is a leading provider of environmental health & safety training, specializing in OSHA & EPA required courses such as those governing asbestos & lead activities.

(SC) Steel Center for Career & Technical Education
565 N. Lewis Run Road
Jefferson Hills, PA 15025
www.steelcentertech.com

A long-time partner with the Mon Valley ICD, Steel Center has provided custom courses in a variety of interests from culinary & automotive, to construction trade skills. In addition, they offer accredited Adult Education programs in Nurses Aid, Practical Nursing, & Pennsylvania State Inspection & Emissions Certification. They also collaborate with Ed2Go, offering online training of an array of topics.

(WC-ATC) Westmoreland Community College – Advanced Technology Center
1001 Technology Drive
Mt. Pleasant, PA 15666
www.westmoreland.edu

Westmoreland College's state-of-the-art Technology Center provides experiential learning relevant to today's industries. Credentialed courses are offered in Welding, HVAC, Machining, Design, & Industrial Maintenance. Additionally, custom courses are offered in partnership with the Mon Valley ICD throughout the year.

Automotive



Auto Body Repair

In this course you will learn how to repair minor dents & structural damage. Also, it will teach you the different types of paints, primers & how to use technology for gluing plastics by using the new epoxy glues. Painting & different clear coats will be covered. (All supplies included except paint and clears.) Class size limited to 8.

Choose only one series

SC Room 115

Alternating Tuesdays
9/3, 9/17, 10/1, 10/15, 10/29
4:30 – 8:30
5 sessions
Chuck Hicks

Alternating Thursdays
9/5, 9/19, 10/3, 10/17, 10/31
4:30 – 8:30
5 sessions
Chuck Hicks

Auto Detailing

This course will teach you the proper way to clean a car from the inside out including detailing the engine compartment. Topics will include interior as well as exterior cleaning through demonstration & hands-on experiences. Class size limited to 8.

Choose only one series

SC Room 115

Tuesdays 11/12 & 12/10
4:30 – 8:30
2 sessions
Chuck Hicks

Thursdays 11/14 & 12/12
4:30 – 8:30
2 sessions
Chuck Hicks



“I enjoy the ICD classes. Most of them are informative as well as enjoyable, getting to meet other USS employees & gain some insight into a wide variety of projects and subjects. They can open the door for possible retirement hobbies or self-employment to make extra money.”
John

Emissions Inspection Certification*



Upon successful completion of this course & testing, individuals will earn the PA Emissions Inspector Certification. Students must be at least 18 years old to become a certified inspector & must possess a valid PA driver's license. All students must register online prior to the class at www.patrainportal.com at the cost of \$39.99 to obtain online training materials to begin studying. Students must then contact Cheryl @ 412-469-3200 x2512 at Steel Center to provide their driver's license number to enroll them into the class with the PA Department of Transportation. Class size limited to 5.

Choose only one series

SC Room 207 Active USW employees only

Date & time TBD
5:00 – 9:00
2 sessions
Ed Powell

Date & time TBD
5:00 – 9:00
2 sessions
Mike Castelli

* Must attend all classes

PA Safety Inspection Certification*



This course will certify individuals as PA State Inspection Mechanics. Course content includes hands-on instruction in the proper use of tools & equipment to perform a safety inspection as well as discussions on inspection procedures & vehicle code regulations. Students must be at least 18 years old & possess a valid PA driver's license. Class size limited to 5.

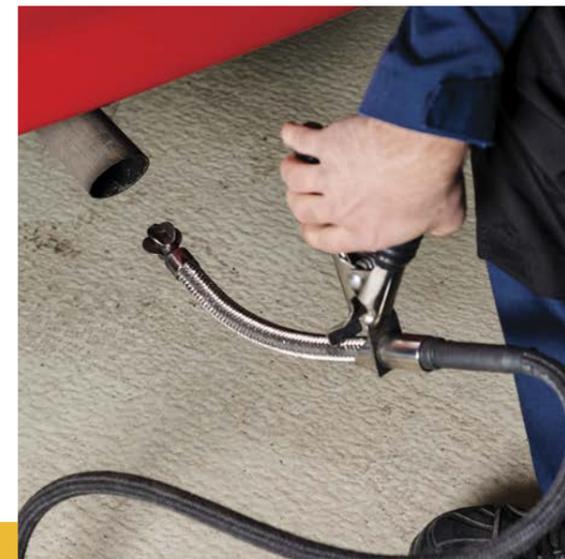
Choose only one series

SC Room 112 Active USW employees only

Date & TBD
5:00 – 9:00
4 sessions
Mike Castelli

Date & TBD
5:00 – 9:00
4 sessions
Ed Powell

* Must attend all classes



Computer Skills



Laptop Repair NEW

This is a new class designed to teach repairs of laptops. We will learn how to change drives, laptop screens, Wi-Fi cards as well as cleaning the dust & dirt from the insides of your laptop, especially the fan that always sucks up so much lint and dust that causes overheating issues. We will also cover installing operating systems the new way with flash drives and images off of the Internet. Class size limited to 10.

Choose either morning or evening series

MV ICD

Mondays
11/4 to 12/9
8:30 – 11:30
6 sessions
Chuck Granche

Mondays
11/4 to 12/9
4:00 – 7:00
6 sessions
Chuck Granche

Introduction to Networking NEW

Come learn the basics of networking, including patch panels, routers & making custom networking cable. We'll learn how to troubleshoot networks by using network commands. Class size limited to 10.

Choose either morning or evening series

MV ICD

Mondays (No class 9/2)
8/26, 9/9, 9/16 & 9/23
8:30 – 11:30
4 sessions
Chuck Granche

Mondays (No class 9/2)
8/26, 9/9, 9/16 & 9/23
4:00 – 7:00
4 sessions
Chuck Granche



“ICD made it possible to learn trades & hobbies I never would have on my own. The programs have helped save me time & money. An all-around valuable & enjoyable experience in every class.”
Debbie

Culinary



Pasta & Sauces from Scratch NEW

Learn about ingredients, flavors & simple pasta dishes that you can make like a pro! This class covers authentic sauces & marinades including Penne Rigate with Artichokes, Ricotta & Spinach Gnocchi, Meatballs in Brandy, & Fried Mozzarella Sandwiches. Class size limited to 10.

IR-2227

Choose either afternoon or evening series

Thursdays 9/12 to 9/26
8:30 – 11:30
3 sessions
C&C Operations Staff

Thursdays 9/12 to 9/26
4:00 – 7:00
3 sessions
C&C Operations Staff

Optional student purchase:

Marcato 8320 Atlas Pasta Machine
& Bellemain Large Ravioli Maker
\$50 plus tax per student



Fine as Filo NEW

Master the tricks of handling temperamental filo (aka phyllo) dough while preparing dishes such as spanakopita & baklava. Class size limited to 10

SC Room 200

Wednesday 9/18
5:00 – 9:00
1 session
Stacey Caudill



Soups & Stews to Chase Away the Chill NEW

Learn how to transform everyday ingredients into an endless variety of soups and stews to please every palate! Then treat family & friends to classic fare you've created from scratch! Class size limited to 10

SC Room 200

Wednesday 10/9
5:00 – 9:00
1 session
Stacey Caudill

Culinary



The Art of Sausage Making NEW

It seems daunting, but yes, you can make sausage at home. Once you learn the fundamentals, you can make almost any sausage, from spicy Italian to an awesome lamb masala to whatever meat & seasoning combo you dream up. We will cover delicious recipes for all kinds of sausage. This class will teach you everything you need to know to take on this rewarding project. Class size limited to 10.

IR-2227

Choose either afternoon or evening series

Thursdays 10/24 to 11/14

8:30 – 11:00

4 sessions

C&C Operations Staff

Thursdays 10/24 to 11/14

4:00 – 7:00

4 sessions

C&C Operations Staff

Optional student purchase:

LEM #8 575 Watt Countertop Grinder

or

Excalibur Stainless Steel Stuffer

7 lbs – UPGRADED

\$110 plus tax per student



Easy as Pie! NEW

If at first you don't succeed – pie, pie again! Join us for this hands-on class & learn the essential pie-making skills all bakers should know. The instructor will walk you through the steps for mixing, rolling & baking perfectly flaky crusts every time. Students will learn the intricacies of custard based pies in time for Thanksgiving. Class size limited to 10

SC Room 200

Wednesday 11/20

5:00 – 9:00

1 session

Stacey Caudill



Finance



Presented by Educational Investor Services

Understanding & Optimizing Your Investment Choices

This 18-hour seminar/workshop will explain simple, successful investment techniques that historically have produced average annualized returns that outperform the market. There are no pre-requisites required to attend the class. Participants will perform in-class exercises where they will learn how to choose the best mutual funds & stocks for their Traditional & Roth 401k, IRA/Roth IRA & Standard Brokerage Accounts. Class size limited to 20.

Choose either morning or evening series

MV ICD Active USW employees only

Wednesdays & Thursdays 10/2 to 10/17

8:30 – 11:30

6 sessions

Trish Nelson

Wednesdays & Thursdays 10/2 to 10/17

4:00 – 7:00

6 sessions

Trish Nelson

Spouse permitted to attend with active Union member registration. Retirees are not eligible.

**No Broker, No Selling.
This is an Educational
Only Program!**

This class has been immensely well received by the USW and consistently ranks among the top classes offered by ICD!

10/2 – Class 1: Introduction – Investment Plans

The difference between Traditional 401k & Roth 401K. What are the advantages of tax deferred investments? How to make tax-free withdrawals after retirement.

10/3 – Class 2: Mutual Funds and Index Funds

Learn about Mutual Funds, their different types & how to analyze Fidelity Funds in your 401k or an IRA. Class also covers market trends & the best time to invest in stocks and bond funds.

10/9 – Class 3: U.S. Steel Stock Method

Learn how to get better returns investing in U.S. Steel Stock based on its cyclical pattern rather than just buy and hold.

10/10 – Class 4: Sector Funds

Learn how to choose & invest in the correct market. This method has eclipsed all other mutual funds over the last 20 years.

10/16 – Class 5: Stock Market Lingo and ETF's

Learn how to trade stocks using Market, Limit, & Trailing Stop Orders plus how to Short Stocks. Different types of Exchanged Traded Funds & their investment advantages will also be covered.

10/17 – Class 6: Widely-Held Stock & Portfolio Design

Taking Advantage of undervalued stocks & mutual fund window dressing. Learn to design a portfolio for your investment goals.



Paychecks and Playchecks NEW

Tom Hegna's Paychecks & Playchecks has been seen by millions of people on public television. It discusses ways to make retirement more enjoyable by having a steady stream of income (paychecks) to cover all of your needs. Remaining money can become playchecks to have fun and do the things on your bucket list.

You worked hard to reach retirement. Let's explore ways to make it more rewarding. Join us for this interactive workshop. Class size limited to 20.

MV ICD

Wednesday 9/11
4:30 – 6:00
1 Session
Gary Boatman



Invest in Your Debt: Mortgage, Credit Cards, Student Loans & Smart Spending Guidance

In three hours, based on the same income you are earning today, you can fully learn to take control & eliminate your debts quickly. The concepts apply easily whether you are earning \$30,000 or \$330,000.

In this three-hour workshop you will use your own debts & calculators to see how to shave decades off your mortgage & credit cards; & develop a wisely focused plan of reducing student-loan debt.

Lending institutions have camouflaged agendas that leave you feeling empty-handed at the end of the month. There are industry secrets that are kept from you & options of which you should be aware.

This workshop opens the pathway to reverse the convoluted burden of compound interest. Its simple math renews hope for days when you will have extra cash in your pocket & your accounts. Doing nothing will damage your financial future for many years to come. Bring your personal debts & calculators.

Spouses attend free & skeptics are welcomed! Invest in Your Debt & Spend Smart textbooks are included. Class size limited to 12.

Choose either morning or evening series.

MV ICD

Monday 10/14
8:30 – 11:30
1 Session
Linda Banks Testa

Monday 10/14
4:00 – 7:00
1 Session
Linda Banks Testa

Estate Planning NEW

What is the difference between a will & a trust, & which do I need? What is a Power of Attorney & why do I need one? What happens if I die without a will? What is a Guardian & when do I need one? What is Probate & how do I avoid it? This class provides fundamental estate planning guidance to answer these questions & more.

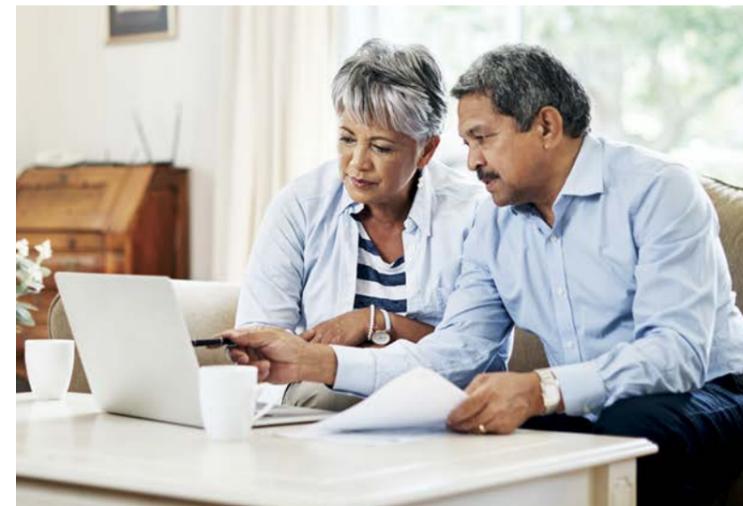
Class size limited to 10.

Choose either morning or evening series

MV ICD

Wednesday 9/18
4:00 – 7:00
1 Session
Zacharia Brown

Thursday 9/19
8:30 – 11:30
1 Session
Zacharia Brown



Planning to Pay for Long Term Care NEW

The average cost of nursing home care in the Commonwealth of Pennsylvania is now over \$10,000 a month, what would your family do if faced with a nursing home stay? What is the difference between Personal Care, Assisted Living & Nursing Home Care? What options exist to allow loved ones to stay at home? What benefits are available to help pay for the care we need? Will I lose my house if I accept help from Medicaid? This class will discuss the answers to these questions & more.

Class size limited to 10.

Choose either morning or evening series

MV ICD

Wednesday 9/25
4:00 – 7:00
1 Session
Zacharia Brown

Thursday 9/26
8:30 – 11:30
1 Session
Zacharia Brown

Industrial Technology



Basic Hydraulics

Basic Hydraulics introduces hydraulic power use & application. You will develop skills needed to apply hydraulics in modern industry. Gain an understanding of key topics such as hydraulic circuits, schematics & speed control circuits. Class size limited to 9.

WC-ATC Active USW employees only

Wednesdays
9/25 to 11/6
5:00 – 9:00
7 sessions
Wade Cribbs

Autodesk Fusion 360

Take the first steps into creating detailed 2D drawings based on 3D models. Fusion 360 is a cloud-based platform that allows users to focus on industrial design. With Fusion's integrated high speed machining CAM functionality, you will be able to simulate movement in your creations & update the 2D drawings as changes are made. Class size limited to 10

WC-ATC Active USW employees only

Wednesdays
9/25 to 11/13
5:00 – 8:00
8 sessions
George Slezak

AutoCAD Fundamentals

AutoCAD Fundamentals is designed to introduce you to the essential basics of the software & will allow you to progress to an intermediate level in your comprehension of the methods used to create and edit drawings using AutoCAD software. Class size limited to 10.

WC-ATC Active USW employees only

Monday 9/30 to 11/18
5:00 – 8:00
8 sessions
Amber Long

Autodesk Inventor

Create & edit parts, make engineering drawings, & prepare for manufacturing by using only your keyboard & mouse! This course will allow you to design items in a virtual world & prepare them for 21st Century production as you explore the capabilities of this industry-standard software. Topics include the parametric & editing module, 3D drawing module, the assembly module & the presentation module for assemblies. Class size limited to 10

WC-ATC Active USW employees only

Tuesdays 10/1 to 11/19
5:00 – 8:00
8 sessions
Doug Knorsky

Introduction to MasterCAM

MasterCAM software makes CNC machining possible with endless design capabilities. This introductory course will equip you with the tools needed to begin basic programming CNC machines. You will create & run tool paths & test your programs while becoming familiar with the menu structure. Conversion of M codes & G codes syntax will also be discussed. Class size limited to 10.

WC-ATC Active USW employees only

Tuesdays 10/8 to 11/26
5:00 – 8:00
8 sessions
George Slezak

Thursdays (No class on 11/28)
10/10 to 12/5
5:00 – 8:00
8 sessions
George Slezak

Basic Pneumatics

Basic Pneumatics will provide you with the principles needed to work with industrial pneumatic applications. You will learn key topics & skills in pneumatic power & safety, circuits, schematics & principles of pressure and flow. Class size limited to 10

WC-ATC Active USW employees only

Wednesdays
11/13 to 12/4
5:00 – 9:00
4 sessions
Wade Cribbs



www.westmoreland.edu

Westmoreland College offers additional non-credit courses through their Continuing Education Fall program.

Enroll directly with Westmoreland College and use Tuition Assistance for education or career building classes.

Personal Enrichment



Upholstery

Learn how to reupholster, cut fabric, tie springs, and do frame repair. Other skills covered will be hand and machine sewing, antique restoration, chair reupholstering, boat covers, tarps & more. Instructor Lou of Heinle Upholstery will identify types of small projects that students can bring to work on, such as chair cushions, tractor seats, small chairs, & stools to get started.

Students are responsible for all fabric & supplies necessary for their projects which can be purchased through the instructor. Class size limited to 10.

MV ICD

Tuesdays 9/10 to 11/12
4:00 – 7:00
10 sessions
Lou Heinle

CPR/AED/First Aid Training for Adult/Child/Infant

This class is for anyone required to satisfy an OSHA mandated job requirement or who wants to keep their loved ones safe. Included is Stop the Bleed Training to learn how to control serious bleeding. Class size limited to 20.

MV ICD

Wednesdays 9/11 to 9/18
4:00 – 8:00
2 sessions
Scott Benack & Bob Cook



Stained Glass – Lead Came Panel

Introduction to lead came and putty finish. Learn or build on your stained glass knowledge & experience to create an 8 x 12 stained glass window. All material provided. Class size limited to 10.

Choose either afternoon or evening series

MV ICD

Mondays 9/16 to 10/28
8:30 – 11:30
7 sessions
Liz Fortunato

Mondays 9/16 to 10/28
4:00 – 7:00
7 sessions
Liz Fortunato



Make Your Own Yard Games

You can make and take home great one of a kind yard games in this class. Learn: project planning & safety, finish carpentry, tool identification & use, scale a pattern and much more. Students can choose from a variety of yard games to build. Class size limited to 10.

Choose either afternoon or evening series

IR-2227

Tuesdays 9/17 to 10/15
8:30 – 11:30
5 sessions
C&C Operations Staff

Tuesdays 9/17 to 10/15
4:00 – 7:00
5 sessions
C&C Operations Staff

Introduction to Guitar

Students taking part in guitar classes will get a crash course in basic guitar skills including strumming, chords, scales, & how to learn a song by yourself. This six-week guitar course will focus heavily on playing basic guitar chords & eventually leading into learning full length songs. This course is designed to be fun & simple to grasp. Class size limited to 8.

MV ICD

Wednesdays (no class 11/27)
10/23 to 12/4
4:00 – 5:00
6 sessions
Steve Shriane

Beekeeping – Ready for Winter

Beekeeping can be a great hobby or an occupation, and it benefits the environment. Bees provide delicious honey, & help flowers and vegetables thrive. Join instructor Scott Benack as he provides instruction & the how-to's of hands-on beekeeping. His instruction can help the first-time, or seasoned, beekeeper. Learn about getting started, & managing healthy bee colonies. Mr. Benack is a licensed nuc seller & queen breeder, a live removal expert, & currently serves the local Morris Organic Farm in yearly pollination efforts.

Class is limited to 20; spouses and retirees are welcome as space allows.

Morris Organic Farm

110 Slebodnik Road
Irwin, PA 15642
Day & date TBD
1 session
Scott Benack

Make Your Own Wine Rack

Storing wine can be a tricky business. You want to make your bottles accessible but also protect them. It's time to get those bottles of wine out of their dusty boxes & display them in your one of a kind wine rack. The wine rack you will be building in class will hold 24 bottles of vino! Class size limited to 10.

MV ICD

Choose either afternoon or evening series

Mondays
11/11 to 12/2
8:30 – 11:30
4 sessions
Jim Balina

Mondays
11/11 to 12/2
4:00 – 7:00
4 sessions
Jim Balina



Trade skills

Small Engine Repair – Back to Basics

Starting with the basics, learn the how's & why's of small gas engines, 2 & 4 cycle engines, & air-cooled overhead valve small engines. During the hands-on portion, you will be able to bring in your own equipment, troubleshoot & repair it to your satisfaction. The instructor will oversee & guide you in your work. Repairs can consist of anything from minor tune-ups to complete overhauls.

Class size limited to 20.

IR-2227

Wednesdays (no class 11/27)

9/25 to 12/4

4:30 – 7:30

10 sessions

Pete Kurka



“ My longtime friend & I have certainly enjoyed the classes for small engine repair. This gives us an opportunity to always learn something. You are never too old to learn. Thank you so much for having these classes.”

Wayne

Benefit for Learning. Your Benefit for Life.

Check the ICD website regularly; information & additional classes may not appear in the current printed catalog.

www.monvalleyicd.com

ICD is on Facebook:
www.facebook.com/MonValleyICD

The ICD is here for you.

At the ICD, we understand that continuous learning positively enhances both your work & personal life experiences.

Through ICD programs, you can explore your individual interests from culinary & DIY projects to managing your finances and health. Expand & strengthen your job skills by learning new technologies or engage in higher education opportunities – all possible through your ICD benefit!

Learning. Your benefit for Life.



Live & Online through the Joblink ICD in East Chicago, Indiana

What are Live and Online classes? Classes you can attend by live streaming online or viewing on demand. Contact the Mon Valley ICD Coordinator to enroll.

Sample the classes at: careerdevelopmentchannel.org

Guitar for Everyone

Guitar for Everyone is designed to teach beginner, intermediate & advanced guitar students to develop, improve & enjoy their progress as guitar players. Our weekly video will be divided into sections addressing all levels of guitar playing.

Monday 8/19 to 11/11 (12 weeks)

11:00 – 12:00 or 2:00 – 3:00 or 3:00 – 4:00 (No Class 9/2)

Location: JobLink

Instructor: Eric Lambert

Taking Stock in Your Life & Finances

The intention of this course is to introduce new-found confidence & understanding of the markets & how they may affect individuals in their financial growth & retirement. The course will teach students how to remove the media noise & biased opinions from news heard & seen daily. Prerequisites: None although each student should submit their email address to tomcook1124@gmail.com in order to be admitted into each live class session.

Tuesday 8/20 – 9/24 (6 weeks)

10:00 – 12:00 noon or 4:00 – 6:00

Online & JobLink

Instructor: William Thomas Cook II

MTE Prep

This 14 week course will introduce students to topics related to industrial electrical maintenance & troubleshooting. AC/DC circuits & motors, print reading, analog & digital circuits, test equipment, computers, DC crane control, power distribution, & more. This course is for people who want to take the Ramsay test, or get a better understanding of MTE principals.

Thursday 9/5 to 12/12 (14 weeks)

9:00 – 12:00 noon or 3:30 – 6:30 (No Class: 11/28)

Location: JobLink

Instructor: Michael Vega

MTM Prep

This 14-week course will briefly touch on procedures such as welding, machinery, tools, hydraulics, pumps, (both hydraulic & pneumatic), piping, print reading, & more. Prerequisites: None

Tuesday 9/10 to 12/10 (14 weeks)

9:00 – 12:00 noon or 3:15 – 6:15

Location: Leon Lynch

Instructor: Nick Nash

How to Start & Run a Small Business

This introductory course teaches the basics of starting any type of small business. The course will focus on licenses/permits, taxation, deductible expenses, insurance, record keeping & legal issues.

Thursday 9/12 to 10/17 (6 weeks)

8:00 – 10:00 or 4:00 – 6:00 or 6:00 – 8:00

Location: Leon Lynch

Instructor: Scott Williams

Business Planning I

Introduction to Developing a Business Plan

This course will provide you with the ability to learn what is involved in developing a plan for a successful small business. You will learn about an operational plan, a management plan, a personnel plan, & finally a marketing & financial plan.

Thursday 10/24 to 12/19 (8 weeks)

8:00 – 10:00 or 4:00 – 6:00 or 6:00 – 8:00 (No Class 11/28)

Location: Leon Lynch

Instructor: Scott Williams

Office 365 in a day

Microsoft Office 365 combined with OneDrive is a great value for most. In just one class we can get you up & running on the industry standard platform for document, spreadsheets, presentations & cloud storage. Works on all computers & mobile devices too! Prerequisites: None

Wednesday 12/4 (1 week)

9 to 11:30 or 3:00 to 5:30

Location: Leon Lynch

Instructor: Bill Needles

Class start dates at a glance

S	M	T	W	TH	F	S	
AUGUST							
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	8:30 or 4:00 Intro to Networking (4 wks)	26	27	28	29	30	
SEPTEMBER							
1	Labor Day	2	4:30 Auto Body Repair (6 wks)	3	4	4:30 Auto Body Repair (6 wks)	
8	9	4:00 Upholstery {10 wks}	10	4:30 Paychecks & Playchecks (1 day) 4:00 CPR/AED/ First Aid (2 wks)	11	8:30 or 4:00 Pasta & Sauces (3 wks)	
15	8:30 or 4:00 Stained Glass Lead Came Panel (7 wks)	16	8:30 or 4:00 Make Your Own Yard Games (5 wks)	17	8:30 or 4:00 Fine as Filo (1 day) 4:00 Estate Planning (1 day)	18	8:30 Estate Planning (1 day)
22	23	24	4:00 Planning to Pay for Long Term Care (1 day) 4:30 - 7:00 Small Engine Repair (10 wks)	25	8:30 Planning to Pay for Long Term Care (1 day)	26	27
29	Rosh Hashanah begins	5:00 or 8:00 AutoCAD Fundamentals (8 wks)	30	5:00 Basic Hydraulics (7 wks) 5:00 Autodesk Fusion 360 (8 wks)			
OCTOBER							
		5:00 Autodesk Inventor (8 wks)	1	8:30 or 4:00 Understanding /Optimizing Investments (3 wks)	2	3	4
6	7	5:00 Introduction to MasterCAM (8 wks)	8	5:00 Soups and Stews (1 day)	9	5:00 Introduction to MasterCAM (8 wks)	10
13	8:30 or 4:00 Invest in Your Debt (1 day)	14	15	16	17	18	19
20	21	22	4:00 Introduction to Guitar (6 wks)	23	8:30 or 4:00 Sausage Making (4 wks)	24	25
27	28	29	30	Halloween	31		

S	M	T	W	TH	F	S
NOVEMBER						
					1	2
3	8:30 or 4:00 Laptop Repair (6 wks)	4	5	6	7	8
10	8:30 or 4:00 Make Your Own Wine Rack (4 wks)	11	4:30 Auto Detailing (2 wks)	12	5:00 Basic Pneumatics (4 wks)	13
17	18	19	5:00 Easy as Pie! (1 day)	20	21	22
24	25	26	27	Thanksgiving Day	28	29
DECEMBER						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	Christmas Day	25	26	27
29	30	31				
JANUARY						
			New Years Day	1	2	3
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Don't forget to check
the ICD web site
for upcoming events
www.monvalleyicd.com

LIFELONG LEARNING FOR USW MEMBERS

The National ICD has approved a number of Education Providers who offer a variety of learning opportunities, like Rosetta Stone & DeVry University, & its newest provider, Penn Foster; & some offer discounted rates to our members!

Penn Foster (online)

Enroll with a school that helps 30,000+ people each year achieve their goals through affordable online education & training. Whether you're interested in building a new skill or furthering your career, Penn Foster can help by providing you access to high-quality career & college courses. Penn Foster's easy-to-use learning platform  gives you access to books & study materials on the go, helping you learn when & where you want, at your own pace. There are 100+ accredited Career Certificate & Diploma programs & 100+ College Courses & Degrees available to you through Penn Foster's partnership with ICD. USW members receive a 15% discount off of tuition. Contact the ICD Coordinator to enroll.

Rosetta Stone

Rosetta Stone Catalyst is the newest version of Rosetta Stone. Catalyst offers beginner to advanced language training in 24 different languages & covers: everyday conversations, language for specific industries, business English, & more. Rosetta Stone gives you unlimited access to live online tutoring to help you gain conversational skills quickly.



DeVry University

ICD has a partnership with DeVry University & its Keller Graduate School of Management to bring you affordable, accredited degree programs with the flexibility you need for a work/life balance.



You have the opportunity to experience a world-class education & earn your undergraduate or graduate degree. ICD participants are eligible for numerous benefits:

- **Partner Group Tuition Rate** (15% savings)
- **Waived application fee** saves you money & further simplifies our simple three-step application process for U.S.-based students
- **Deferred billing plans** help manage payment timing

Details about our Lifelong Learning Providers are available on the National ICD web page at www.icdlearning.org, under the **Resources Tab > Educational Partners**.

And, while you're there, explore more information on the history of the ICD, News from the Field, & how to apply for the **Tino Fulimeni Memorial Scholarship**.

REGISTER TODAY!
www.monvalleyicd.com
Phone: 412-460-0390
Office Hours: 8AM – 4:30PM



Fall 2019 Custom Classes

Course	Location	Start Date	
Introduction to Networking	Mon Valley ICD	26-Aug	▲
Auto Body Repair	Steel Center - 115	3-Sept	
Auto Body Repair	Steel Center - 115	5-Sept	
Upholstery	Mon Valley ICD	10-Sept	
CPR/AED/First Aid Training for Adult/Child/Infant	Mon Valley ICD	11-Sept	▲ ●
Paychecks and Playchecks	Mon Valley ICD	11-Sept	▲
Pasta and Sauces from Scratch	Irvin Local 2227	12-Sept	▲
Stained Glass-Lead Cane Panel	Mon Valley ICD	16-Sept	▲
Make Your Own Yard Games	Irvin Local 2227	17-Sept	▲
Fine as Filo	Steel Center - 200	18-Sept	▲
Estate Planning	Mon Valley ICD	18-Sept	▲
Estate Planning	Mon Valley ICD	19-Sept	▲
Planning to Pay for Long Term Care	Mon Valley ICD	25-Sept	▲
Basic Hydraulics	WT-ATC	25-Sept	▲
Autodesk Fusion 360	WT-ATC	25-Sept	▲
Small Engine Repair	Irvin Local 2227	25-Sept	
Planning to Pay for Long Term Care	Mon Valley ICD	26-Sept	▲
AutoCAD Fundamentals	WT-ATC	30-Sept	
Autodesk Inventor	WT-ATC	1-Oct	
Understanding/Optimizing Investments	Mon Valley ICD	2-Oct	
Introduction to MasterCAM	WT-ATC	8-Oct	
Soups and Stews to Chase Away the Chills	Steel Center - 200	9-Oct	▲
Introduction to MasterCAM	WT-ATC	10-Oct	
Invest in Your Debt	Mon Valley ICD	14-Oct	
Introduction to Guitar	Mon Valley ICD	23-Oct	▲
Sausage Making	Mon Valley ICD	24-Oct	▲
Laptop Repair	Mon Valley ICD	4-Nov	▲
Make Your Own Wine Rack	Mon Valley ICD	11-Nov	▲
Auto Detailing	Steel Center - 115	12-Nov	
Basic Pneumatics	WC-ATC	13-Nov	▲
Auto Detailing	Steel Center - 115	14-Nov	
Easy as Pie!	Steel Center - 200	20-Nov	▲
PA Safety Inspection Certification	Steel Center - 112	TBD	●
PA Safety Inspection Certification	Steel Center - 112	TBD	●
Emissions Inspection Certification	Steel Center - 207	TBD	●
Emissions Inspection Certification	Steel Center - 207	TBD	●
Beekeeping	Mon Valley ICD	TBD	

▲ New ● Certification