

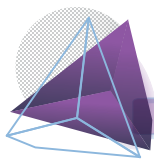
UNITED STEELWORKERS
ICD
LOCAL 135L – BUFFALO, N.Y.



Learn To Earn

UNITED STEELWORKERS
USWTM

Course Catalog Winter 2024



Custom Personal Development



3D Printing:



This course is designed to provide you with a basic understanding of additive manufacturing, also known as 3D printing. You will explore the fundamental principles of additive manufacturing, learn about various printing techniques and materials, software tools used for modeling and slicing, and discover real-world applications across diverse fields.

Class Options: March 5th and 12th at 3:30 PM OR March 2nd and 9th at 10:00 AM

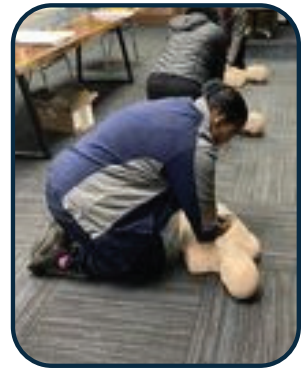


CPR/First Aid/ AED



Students will learn the knowledge and skills needed to recognize and respond to a life-threatening emergency and give immediate care. Students learn how to perform adult CPR, how to use an Automated External Defibrillator (AED), how to help someone who is choking and how to care for life threatening bleeding.

Class Options: April 9th at 3:30 PM OR April 13th at 10:00 AM



Excel



With the most popular spreadsheet program you will create and edit basic Microsoft Office Excel worksheets and workbooks. Understand the Excel user interface. Create basic formulas and manipulate data. Apply Styles and Themes to a workbook. You will also learn how to format and manage worksheets. In this class we will use an Excel workbook that participants can take home with them.

Class options: May 7th, 8th and 9th. Choose a time: 7:30 AM, 11:00 AM OR 3:30 PM



Become a Notary:



Online Notary Course (Pre-Licensing) Self Paced Video is available to students interested in becoming a notary. The course can be accessed anytime (Day or Evening) and is available 24/7 for 90 Days. This online class is 2.5 hours long and prepares you for taking your notary exam.

Contact ICD to sign up





Culinary Training



Classes are held at the Niagara Falls Culinary Institute on 28 Old Falls Rd in Niagara Falls, NY. All Culinary Classes include a guest.



Let's Taco 'Bout It!



Learn how to make your own corn tortillas, sauces and sides for your next taco night! Carne Asada is easy and flavorful, and this class will propel you into being the star of your next taco Tuesday!

Class Options: January 10th OR January 13th at 6:00 PM.



Not Your Grandma's Fresh Pasta



Students will make, roll, and cut their own pasta in this class! Fresh pasta with quick and easy tomato sauce pairs wonderfully with spicy and tender meatballs for a dish that's easy to customize.

Class Options: February 7th OR February 10th at 6:00 PM



Focaccia and Mussels



A few simple ingredients make a perfectly balanced meal! Soft and fluffy caramelized onion focaccia is a perfect accompaniment to brothy and spicy mussels.

Class Options: March 6th OR March 9th at 6:00 PM



Black Forest Cake



Learn how to bake and decorate one of the most recognizable cakes out there! Sweet chocolate cake layers, tart cherry jam and whipped cream clouds are your building blocks for this masterpiece! .

Class Options: April 17th OR April 20th at 6:00 PM

- It is expected that if a member registers for a class that member will attend and complete. If a class is paid for and the member does not attend, or fails to complete, ICD benefits may be suspended. Contact Mary for any questions.

Pistol Permits

New York Pistol Permit Class

Due to the changes with the NYS law, ICD can no longer hold pistol permit classes on site.

If you would like to attend a class, go to WWW.FTWNYS.COM to sign up. ICD will cover half the cost of a NYS pistol permit.



CDL Training and Licensing

National Tractor Trailer School: 1-844-922-0874 www.NTTS.edu

Stevens Truck Driving School: 716-674-2340 www.StevensDrivingSchool.com

Buffalo CDL Training Institute: 716-834-2000 www.BuffaloCDL.net



NYS Real Estate, Appraisal and Home Inspection Licensing

WNY School of Real Estate: (716) 633-9009 www.WNYSchoolofrealestate.org

C.A.T.S Home Inspection School of Buffalo: 1-888-838-1488 www.CatsOfBuffalo.com

Cusack Center for Professional Development: 716-683-4080



Defensive Driving Online Classes

www.NewYorkSafetyCouncil.com/Bufalo

www.idrivesafely.com

www.aaa.com/defensivedriving

Personal Development

Rosetta Stone: 1 year contract for 1 language of choice.

\$100 Member non-refundable deposit required to sign up. Contact ICD to sign up

New Horizons Computer Training: 716-688-8688 www.NewHorizonsAtlo.com

Professional Scuba Training: 716-648-3483 www.ProScubaBuffalo.com

The Foundry of Buffalo: 716-885-1381 www.TheFoundryBuffalo.org

Taxidermy: White Tail Taxidermy School 1-585-269-9933 www.whitetailtaxidermyschool.com

Motorcycle Safety School: MAC Street Riders (716) 216-4460 www.MacStreetrider.com

Motorcycle Mechanics: Spoke and Dagger 716-616-0777 www.spokeanddaggerco.com



College and Workforce Training

All SUNY schools will be running with limited capacity and will consist of some online teaching. Please contact your school of interest directly to discuss the issues at hand.

In-Person/Online

Erie Community College: 716-851-1456 www.ECC.edu

SUNY Empire: 1-800-847-3000 sunyempire.edu

Buffalo State College: 716-878-4000 www.BuffaloState.edu

University of Buffalo: 716-645-2000 www.Buffalo.edu

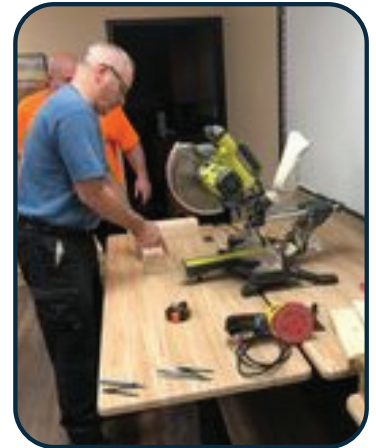
Daemen College: 1-800-462-7652 www.Daemen.edu

Bryant & Stratton College: www.bryantstratton.edu

Erie 1 BOCES: 716-821-7500 www.E1B.edu

Orleans Niagara BOCES: 716-731-6800 www.ONboces.org

QUEEN CITY FINE ARTS: <https://queencityfinearts.com>



Online Only

Penn Foster: 1-800-230-7206 www.PennFoster.edu

ToolingU: 1-866-706-8665 www.ToolingU.com

Career Academy: 781-453-3900 www.CareerAcademy.com

Free USW College Benefit College: 1-888-590-9009 <https://freecollege.usw.org>

Educational Partners

ABTU American Business and Technology University www.ABTU.edu

Ashworth College Contact Karen Hedge with questions or to enroll: 1.877.758.7630 ext. 2060 or kahedge@ashworthcollege.edu

Columbia Southern University www.ColumbiaSouthern.edu

DeVry University www.devry.edu/ICD

NetTudor www.nettudor.edu

live & online classes



AI (Artificial Intelligence)

4wks

AI = Artificial Intelligence. Everyone is talking about AI. What exactly is it? How can it help me? Is it dangerous? What are the facts and what is so controversial about AI? Did you know that AI is already part of many things in daily life? From personal assistants to self-driving cars, AI is having a huge impact on nearly every industry. Join your Instructor in this eye-opening class and get the answer to these and many more questions about AI. See real life examples of AI at work today and see where AI is headed. You can use AI productively in your everyday tasks today. Come see how. Prerequisites: None

Tuesdays–February 6 to February 27

10am-12pm or 3:30pm-5:30pm

Location: ZOOM ONLY

Instructor: William Needles



Business Planning II: Fine Tuning Your Business Plan

8wks

This course allows the participant the opportunity to complete an initial draft of a business plan. The initial draft will include an operational plan, a management plan, a marketing plan, as well as a financial plan. The financial plan will include a comprehensive revenue forecast, a profit and loss projection and a cash flow projection. Spouses are welcome to attend a no charge. Prerequisites: None

Thursdays–January 11 to February 29

8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch

Instructor: Scott Williams



Business Planning III: Finalization of a Business Plan

8wks

This course will allow the participant the opportunity to complete a final draft of a business plan. The final draft will include an operational plan, a management plan, a marketing plan, as well as a complete financial plan. The financial plan will include a revenue forecast, an operating expense forecast and will generate a projected profit and loss and cash flow projections. Spouses are welcome to attend at no charge. Prerequisites: None

Thursdays–March 14 to May 2

8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch

Instructor: Scott Williams



How to Keep Records Using QuickBooks

6wks

Keeping accurate and thorough records in a small business is a must. The business owner must know how his/her financial status is at all times. This course is designed to teach a simple method to track money coming in and out of a business. This information is critical in maintaining accurate financial records for taxation purposes. This course will provide you the ability to develop customer/vendor databases, recording expenses, writing checks, creating sales receipts and invoices, tracking inventory and bills to be paid. Do not lose sleep whether or not your records are in order. Prerequisites: None

Wednesdays–February 7 to March 13

8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch

Instructor: Scott Williams



L&O Information

Students will receive traditional classroom instruction and online availability. Each live class is recorded and then uploaded and made available online within 48 hours of the live class.

ZOOM/Online

Easy Guitar for Everyone V2

12wks

Go with your GUT Feeling

6wks

Everyone is welcome from beginners to advanced players! Learn to play the guitar fast and easy with award winning guitarist Eric Lambert in the comfort of your own home! Using the Zoom app and your computer or tablet, Eric teaches you all the techniques you need to know to play your favorite songs. Each class is video recorded so the student is able to review it's contents anytime night or day. Eric will also be available via Zoom, text and email for support to answer, or demonstrate the answer, and to answer any questions you may have. Have fun! Play guitar! Prerequisites: own a guitar

Mondays–January 8 to April 1

No Class: January 15

11am-12pm or 3pm-4pm

Location: ZOOM

Instructor: Eric Lambert



Learn more about Nutrition, Gut Health, and how our current food supply became what it is today. Class topics will be: Anxiety & Digestion, where you will learn the correlation between anxiety or feelings of anxiousness and its relation to your gut health; Cravings & Compulsive Eating, where you will learn the impact of sugar when it comes to cravings and the tools to overcome compulsive eating; The Evolution of our Standard American Diet, in which, students will learn the evolution of food. Prerequisites: None

Thursdays–January 18 to March 7

No Class: February 8 and February 15

9am-10am or 4pm-5pm (PM is ZOOM only)

Location: JobLink

Instructor: Desiree Brummett



Learn to Play the Piano/Keyboard:

Levels 1, 2, 3, 4, or 5

10wks

Free Vacations: Affordable Fun Family Travel

1wk

Travel free on your next family vacation when you know how to find the deep travel discounts. World traveler Gina Henry shows you how. Earn free airline tickets, hotel nights, tours and more in the USA and worldwide. Learn about reward credit cards, volunteer at state and national parks, fun work vacations, paid travel opprotunities, teach English, mystery shop on vacation and more. Plus important tips on travel websites, health, safety, trip insurance, car travel and packing. Includes a 100-page digital book (\$39.95 value). Go to www.GinaHenry.com for information.

Monday–April 1

9am-12pm or 3pm-6pm

Location: ZOOM

Instructor: Gina Henry



This class is designed for all levels of Piano students. Learning and playing the piano/keyboard can open up an incredible door of creativity for you, as well as a fulfilling life of music making. Learn from an instructor with over 45 years of playing experience and over 30 years of teaching experience. The instructor will work with groups and individuals based on their piano level. This class is available onsite, or can be Zoomed with instructor online, or can be a hybrid class (onsite and/or Zoom) in case you cannot make it to class due to your schedule or other time conflicts. Prerequisites: None

Tuesdays–January 30 to April 9

No Class: March 12

11:30am-1pm or 3:30pm-5pm

Location: Leon Lynch/ZOOM

Instructor: Frances Zahariadis



ZOOM/Online

Mystery Shopping: Get Paid to Shop

Do you like to shop? Get paid to shop at almost every store in your area, plus many online shopping assignments from home or on vacation (in over 70 countries). Businesses need to know their customers in order to stay in business. Learn the TOP 100 MYSTERY SHOPPING COMPANIES. Review actual assignments. Get paid or keep the items you buy. A FREE dinner for two at a nice restaurant, a FREE hotel, tank of gas, groceries, dry cleaning, store items and more. Instructor has been a professional mystery shopper for over thirty years and teaches in 90 cities. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for more information.

Monday–April 15
9am-12pm or 3pm-6pm
Location: ZOOM
Instructor: Gina Henry



The Secrets of Reward Credit Cards: Free Air, Hotels, and Cash Back

Earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and redeem them for high-value trips. Or earn “cash back” to pay for your vacation (or to pay your electric bill, rent, mortgage, etc). Flights and hotels are typically the most expensive part of your vacation. Learn a “Beginner’s Strategy” then graduate to more “Advanced Strategies” that earn you 1 million+ reward points a year. Reward programs are detailed. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for more information.

Monday–April 8
9am-12pm or 3pm-6pm
Location: ZOOM
Instructor: Gina Henry



1wk Virtual Beginning Sign Language Class

6wks

To train students how to communicate using American Sign Language, students will have class virtually once a week. Students will have the knowledge of basic traditional signs used by the hearing-impaired or deaf. They will learn the manual alphabet, handshape usage, common phrases, vocabulary training, grammar and interactive vocabulary building. Classes will also be recorded and available for students to watch. Prerequisites: None

Mondays–January 22 to February 26
9am-11am or 12pm-2pm or 6pm-8pm
Location: ZOOM
Instructor: Rhoda M. Jenkins



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USW™

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Office Hours M-F 7:00-3:15
(Call/text if you need another time!)

ICDtrainingCoor@yahoo.com



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www.icdlearning.org



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