

UNITED STEELWORKERS
ICD
LOCAL 135L – BUFFALO, N.Y.



UNITED STEELWORKERS
USWTM

Course Catalog Fall 2023

UNITED STEELWORKERS

USW TM

Custom Personal Development

CNC Laser Engraving:

Learn how to use a Dual CNC laser engraver for wood and metal. Students will learn how to set up the laser, import pictures and designs as well as make their own custom tumbler.

Class Options: September 26th and October 3rd at 4PM OR October 14th and 21st at 9AM

Setting Up and Using Security Cameras:

This class will give the basics and introduction to home security. Enjoy complete command of your connected home thanks to the highly rated Arlo App. Customize settings, communicate instantly and more. Receive real-time alerts when people approach your home. Check on your four-legged family members and get alerted to intruders. Includes security camera system.

Member Price to take this class: \$150

Class Options: October 9th and 10th Choose a class time: 7:30, 11 or 3:30

3D Printing:

This course is designed to provide you with a basic understanding of additive manufacturing, also known as 3D printing. You will explore the fundamental principles of additive manufacturing, learn about various printing techniques and materials, software tools used for modeling and slicing, and discover real-world applications across diverse fields.

Class Options: November 7th, 14th and 21st at 3:30PM OR November 4th, 11th and 18th at 10AM

Epoxy/Resin Craft:

Design and create your own coaster set with resin! This hands-on class will teach you how to create unique coasters with resin. Learn how to color, mold, and pour, while creating stunning, one-of-a-kind pieces!

Class options: December 5th and 12th at 3:30PM OR December 2nd and 9th at 10AM

Sausage Making:

This hands-on class will teach you how to make homemade Chicken, Polish and Italian sausage. Students will be able to take home 5lbs of each kind.

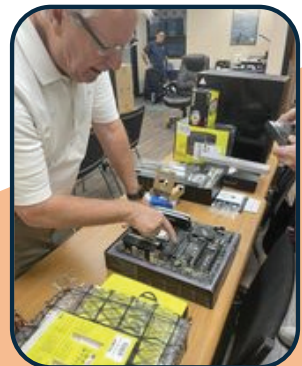
Please bring a reusable bag to class. New Students will be given priority.

Class options: November 15th at 3:30PM OR November 18th at 9AM

Become a Notary:

Online Notary Course (Pre-Licensing) Self Paced Video is available to students interested in becoming a notary. The course can be accessed anytime (Day or Evening) and is available 24/7 for 90 Days. This online class is 2.5 hours long and prepares you for taking your notary exam.

Contact ICD to sign up



Culinary Training

Classes are held at the Niagara Falls Culinary Institute on 28 Old Falls Rd in Niagara Falls, NY. All Culinary Classes include a guest.



Pan Sauce Primer

Juicy and Tender Pan-Roasted Chicken Breast: Say goodbye to dry and uninspired chicken breast! Learn the secrets to achieving juicy and perfectly cooked chicken every time by mastering the art of pan-roasting.

Class Options: August 31st OR September 2nd at 6:00 pm.

Take-Out Feast

We'll transport you to the flavorful world of Asian take-out favorites! Join us as we teach you the secrets behind crafting the perfect Beef and Broccoli stir-fry, fluffy Steamed Rice, and delectable Crab Rangoon right in the comfort of your kitchen.

Class Options: October 5th OR October 7th at 6:00 pm

Jambalaya Pasta Masterclass

We blend the bold and vibrant flavors of Cajun cuisine with the artistry of homemade pappardelle pasta. Get ready to embark on a culinary journey that brings together the best of both worlds, as we combine the soulful elements of jambalaya with the finesse of crafting fresh, wide-cut pappardelle. In this immersive class, participants will learn to create a tantalizing dish featuring andouille sausage, succulent shrimp, and tender chicken.

Class Options: November 2nd OR November 4th at 6:00 pm



Holiday Cake Decorating

Learn how to create festive holiday cakes by decorating! Participants will learn how to decorate a cake using buttercream.

Class Options: December 7th OR December 9th at 6:00 pm

- It is expected that if a member registers for a class that member will attend and complete. If a class is paid for and the member does not attend, or fails to complete, ICD benefits may be suspended. Contact Mary for any questions.

Pistol Permits

New York Pistol Permit Class

Due to the changes with the NYS law, ICD can no longer hold pistol permit classes on site.

If you would like to attend a class, go to WWW.FTWN.Y.COM to sign up. ICD will cover half the cost of a NYS pistol permit.



CDL Training and Licensing

National Tractor Trailer School: 1-844-922-0874 www.NTTS.edu

Stevens Truck Driving School: 716-674-2340 www.StevensDrivingSchool.com

Buffalo CDL Training Institute: 716-834-2000 www.BuffaloCDL.net

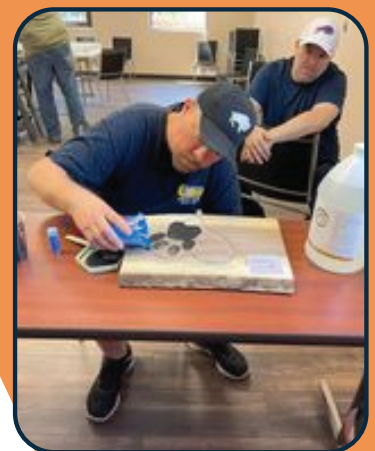


Defensive Driving Online Classes

www.NewYorkSafetyCouncil.com/Bufferalo

www.idrivesafely.com

www.aaa.com/defensivedriving



Personal Development

Rosetta Stone: 1 year contract for 1 language of choice.

\$100 Member non - refundable deposit required to sign up. Contact ICD to sign up

New Horizons Computer Training: 716-688-8688 www.NewHorizonsAtlo.com

Professional Scuba Training: 716-648-3483 www.ProScubaBuffalo.com

The Foundry of Buffalo: 716-885-1381 www.TheFoundryBuffalo.org

Taxidermy: White Tail Taxidermy School 1-585-269-9933 www.whitetailtaxidermyschool.com

Motorcycle Safety School: MAC Street Riders (716) 216-4460 www.MacStreetrider.com

Motorcycle Mechanics: Spoke and Dagger 716-616-0777 www.spokeanddaggerco.com



College and Workforce Training

All SUNY schools will be running with limited capacity and will consist of some online teaching. Please contact your school of interest directly to discuss the issues at hand.

In-Person/Online

Erie Community College: 716-851-1456 www.ECC.edu

SUNY Empire: 1-800-847-3000 sunyempire.edu

Buffalo State College: 716-878-4000 www.BuffaloState.edu

University of Buffalo: 716-645-2000 www.Buffalo.edu

Daemen College: 1-800-462-7652 www.Daemen.edu

Bryant & Stratton College: www.bryantstratton.edu

Erie 1 BOCES: 716-821-7500 www.E1B.edu

Orleans Niagara BOCES: 716-731-6800 www.ONboces.org

QUEEN CITY FINE ARTS: <https://queencityfinearts.com>



Online Only

Penn Foster: 1-800-230-7206 www.PennFoster.edu

ToolingU: 1-866-706-8665 www.ToolingU.com

Career Academy: 781-453-3900 www.CareerAcademy.com

Free USW College Benefit College: 1-888-590-9009 <https://freecollege.usw.org>

Educational Partners

ABTU American Business and Technology University www.ABTU.edu

Ashworth College Contact Karen Hedge with questions or to enroll: 1.877.758.7630 ext. 2060 or kahedge@ashworthcollege.edu

Columbia Southern University www.ColumbiaSouthern.edu

DeVry University www.devry.edu/ICD

Morgan Stanley Financial Wellness www.financialwellness.morganstanley.com/icdenroll

NetTudor www.nettudor.edu

LIVE & ONLINE CLASSES



The Art and Techniques of Effective Selling

8wks

This is an introductory course that teaches the importance of understanding and using effective selling and promotional techniques. You may have a great business idea. However, if you cannot sell it and promote it, what have you accomplished? Learning how to be convincing is an essential skill in becoming a successful business owner. This course will show you how to prospect, build selling relationships, get your foot in the door, handle objections and close the sale. Spouses are welcome to attend at no charge. Prerequisites: None

Wednesdays–September 6 to October 25

8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch

Instructor: Scott Williams



Business Planning I: How to Develop a Business Plan

8wks

This is an introductory course in developing a business plan that requires no previous knowledge of the business planning process. This course will provide you with the ability to learn what is involved in developing a plan for a successful business. You will learn about an operational plan, personnel planning and finally a marketing and a financial plan. Spouses may attend at no charge. Planning is the key to success. Prerequisites: None

Thursdays–October 5 to December 7

No Class: November 16 AND November 23

8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch

Instructor: Scott Williams



How to Start and Run a Small Business

6wks

Planning before starting is an important step toward operating a successful business. Many students have said to me that they wish they would have taken this course before starting a business. This is an introductory course that teaches the basics of starting any type of small business. This course will focus on licenses/permits, location, deductible expenses, insurance, record keeping and legal decisions. After you have taken this class, you will clearly understand what is required to start a small business. Spouses are welcome to attend at no charge. Prerequisites: None

Thursdays–August 24 to September 28

8am-10am or 4pm-6pm or 6pm-8pm

Location: Leon Lynch

Instructor: Scott Williams



MTM Prep

6wks

This six-week course will briefly touch on the procedures such as welding, machinery, tools, hydraulics, pumps, piping, print reading, and more. This class is for anyone who wants to improve their Ramsay score. Prerequisites: None

Tuesdays–September 12 to October 17

9am-12pm or 3pm-6pm

Location: Leon Lynch

Instructor: Nick Nash



♦Taking Stock in Your Life and Finances

6wks

The intention of this course is to introduce new-found confidence and understanding of the markets and how they may affect individuals in their financial growth and retirement. This course will teach students how to remove the media noise and biased opinions from the news heard and seen daily. Students will learn to make financial decisions with clearer minds, based on probabilities of success and reduced risk. The classes will be offered online, students can interact and ask questions. They will also be recorded and sent by email to all students. Prerequisites: Computer available for viewing classes, in the comfort of the student home, if desired. Each student once registered for class by JobLink, shall submit their emails to tomcook1124@gmail.com, in order to be admitted into each online class session

Saturdays–September 9 to October 14

9am-11am

Location: ONLINE

Instructor: William Thomas Cook II



L&O Information

Students will receive traditional classroom instruction and online availability. Each live class is recorded and then uploaded and made available online within 48 hours of the live class.

ONLINE CLASSES

Easy Guitar for Everyone

12wks

Following the huge success of Easy Guitar, come to Easy Guitar For Everyone. Easy Guitar For Everyone is taught by award winning performer and Zoom Educator Eric Lambert and is designed to help you realize your dream of playing the Guitar. It's called Easy Guitar because... it's easy and everyone is welcome from beginner to experienced! This class will be broadcasted via Zoom on your digital device and all classes will be recorded, saved and made available for everyone in the class to view whenever and as often as you like. Eric will also be available for questions. Have fun! Play Guitar! Prerequisites: own a computer, smart phone or tablet. Own a guitar and love music

Mondays–August 21 to November 13

No Class: September 4

11am-12pm or 3pm-4pm

Location: ZOOM

Instructor: Eric Lambert



Expand Internal Storage on Fire TV Stick 4K

1wk

The biggest complaint regarding the Amazon Fire TV Stick 4K is lack of internal storage. The internal storage is quickly filled up after you install all of our favorite applications. In this class we will show you step-by-step how to use a USB thumb drive with an OTG cable and software to increase the storage by moving or installing your favorite apps onto the USB drive. Use your Firestick 4K to upgrade your memory with software and necessary accessories that will be mailed to you to use in this online class. This does not currently work with the 1st and 2nd Generation Fire TV Sticks. Prerequisites: Must have a Firestick 4K or newer and valid email address.

Monday–October 23

Location: ONLINE

Instructor: George Zahariadis

Free Vacations: Affordable Fun Family Travel

1wk

Travel free on your next family vacation when you know how to find the deep travel discounts. World traveler Gina Henry shows you how. Earn free airline tickets, hotel nights, tours and more in the USA and worldwide. Learn about reward credit cards, volunteer at state and national parks, fun work vacations, paid travel opportunities, teach English, mystery shop on vacation and more. Plus important tips on travel websites, health, safety, trip insurance, car travel and packing. Includes a 100-page digital book (\$39.95 value). Go to www.GinaHenry.com for information.

Wednesday–September 27

9am-12pm or 3pm-6pm

Location: ONLINE/ZOOM

Instructor: Gina Henry



Google Sheets 101: The Beginners Guide

4wks

Google Sheets is a free spreadsheet app. It looks and functions much like any other spreadsheet tool, but because it's an online app, it offers much more than most spreadsheet tools. Here are some of the things that make it so much better: It works from any device; Sheets includes almost all of the same spreadsheet functions as Excel. It's online, so you can gather data with your spreadsheet automatically and do almost anything you want, even when your spreadsheet isn't open. You can also use Google Sheets offline. In this class you will learn to build your own Google Sheets Spreadsheets.

Prerequisites: Must have a valid gmail address.

Fridays–September 1 to September 22

Location: ONLINE

Instructor: George Zahariadis

Learn to Play Piano/Keyboard

10wks

Levels: 1, 2, 3, 4 or 5

Learn from an instructor with over 45 years of playing experience and over 30 years of teaching experience. The instructor will work with groups and individuals based on their piano level. This class is available on-site, or can be Zoomed with instructor online, or can be a hybrid class (on-site and/or Zoom). Students who took a class before can sign up to continue to enhance their piano skills. Prerequisites: None

Tuesdays–September 5 to November 7

11:30am-1pm or 3:30pm-5pm

Location: Leon Lynch AND/OR ZOOM

Instructor: Frances Zahariadis



Microsoft Excel Charting Workshop

1wk

A chart is a tool you can use in Excel to communicate data graphically. Charts allow your audience to see the meaning behind the numbers, and they make showing comparisons and trends much easier. In this workshop, you will learn how to create different types of charts, identify the different parts of a chart type and be able to modify them so they communicate information effectively. Prerequisites: Must have a valid personal email address provided to Z-Tech Enterprises, Microsoft Excel Introduction or equivalent knowledge of Excel.

Monday–September 25

Location: ONLINE

Instructor: George Zahariadis

ONLINE CLASSES

Microsoft Excel: IF Statements

1wk

In this workshop we will discuss and work with Excel IF functions, one of Excel's most popular functions. You will learn exactly how to use and apply IF functions step-by-step. You will be given class exercises so you can practice and see the many uses and variety of IF functions. You also will learn to create a nested IF and the new IFS function add in Excel 2016 and later versions. Prerequisites: Must have a valid personal email address provided to Z-Tech Enterprises, Microsoft Excel Introduction or equivalent knowledge of Excel.

Monday–October 30

Location: ONLINE

Instructor: George Zahariadis

Microsoft Excel Lookup Tables Workshop

1wk

In this workshop we will discuss and work with Excel Lookup Table features. When you need to find and extract data from a table and place it in another, we use LOOKUP functions. These functions work in any version of Excel in Windows and Mac, and also in Google Sheets. It allows you to find data in one table using some identifier it has in common with another table. The two tables can be on different sheets or even on different workbooks. Prerequisites: Must have a valid personal email address provided to Z-Tech Enterprises. Microsoft Excel Introduction or equivalent knowledge of Excel

Monday–October 16

Location: ONLINE

Instructor: George Zahariadis

Microsoft Excel Pivot Tables

1wk

This class introduces the skills necessary for working with pivot tables. Tasks include creating, revising, and formatting pivot tables, and adding pivot table fields. Students will also learn how to change pivot table layout, group pivot table items, and use pivot table calculations and multiple ranges. Prerequisites: Must have a valid personal email address provided to Z-Tech Enterprises, Microsoft Excel Introduction or equivalent knowledge of Excel.

Monday–October 2

Location: ONLINE

Instructor: George Zahariadis

Mystery Shopping: Get Paid to Shop

1wk

Do you like to shop? Get paid to shop at almost every store in your area, plus many online shopping assignments from home or on vacation (in over 70 countries). Businesses need to know their customers in order to stay in business. Learn the TOP 100 MYSTERY SHOPPING COMPANIES. Review actual assignments. Get paid or keep the items you buy. A FREE dinner for two at a nice restaurant, a FREE hotel, tank of gas, groceries, dry cleaning, store items and more. Instructor has been a professional mystery shopper for over thirty years and teaches in 90 cities. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for more information.

Wednesday–November 1

9am-12pm or 3pm-6pm

Location: ONLINE/ZOOM

Instructor: Gina Henry



ONLINE CLASSES

The Secrets of Reward Credit Cards: Free Air, Hotels, and Cash Back

1wk

Earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and redeem them for high-value trips. Or earn “cash back” to pay for your vacation (or to pay your electric bill, rent, mortgage, etc). Flights and hotels are typically the most expensive part of your vacation. Learn a “Beginner’s Strategy” then graduate to more “Advanced Strategies” that earn you 1 million+ reward points a year. Reward programs are detailed. Includes a 100-page digital book (a \$39.95 value).

Go to www.GinaHenry.com for more information.

Wednesday–October 4
9am-12pm or 3pm-6pm
Location: ONLINE/ZOOM
Instructor: Gina Henry



◆Social Security 101

1wk

Charo Boyd, SSA’s Public Affairs Specialist, will conduct an interactive workshop explaining retirement benefits and demonstrating numerous services available at socialsecurity.gov. She will cover how age and wages affects benefits and explain entitlement factors for Social Security retirement, spouse, ex-spouse, and survivor benefits. She will also demonstrate the ease of obtaining your Social Security Statement and Benefit Verification Letter via at mySocialSecurity account. Enhance your experience, create an account at www.socialsecurity.gov/myaccount to review your Social Security Statement and be prepared to ask questions during the workshop.

Thursday–November 9
3:30pm-4:30pm
Location: ONLINE/Microsoft Teams
Instructor: Charo Boyd

SSA’s Public Affairs Specialist



Understanding and Optimizing Your Investment Choices

2wks

This seminar/workshop will explain very low maintenance, successful investment techniques that historically have produced average annualized returns that outperform the market. Participants will perform in-class exercises where they will learn how to choose the best mutual funds and stocks for their 401k’s, IRA/Roth IRA to achieve above average returns. The classes will be offered online twice a day where students can interact and ask questions. They will also be recorded and sent by email to all students.

Prerequisites: None

Tuesdays AND Wednesdays
December 5 to December 13
8am-11:30am or 4pm-7:30pm
Location: ONLINE
Instructor: Steve Williams

UNITED STEELWORKERS

USW TM



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Mary Ennis: ICD Coordinator

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(Call/text if you need another time!)

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www.icdlearning.org



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Text ICD to: 43506

